

Brief Vita
Lowell Routley, Ph.D.

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B.A. in Psychology, 1968, Greenville College
M.S. in Counseling Psychology, 1970, Southern Illinois University
Ph.D. program in School Psychology, 1976, University of Iowa
Ph.D. in Counseling Psychology, 1980, Walden University

Private practice as a Clinical Mental Health Counselor from 1972 to 2016 specializing in recovery from physical, emotional, sexual, and spiritual child abuse, cult control, extreme trauma, mind control, torture, and illegal medical experimentation. I developed the Core Integrity Model of treatment that helped hundreds of survivors heal and thrive in life.

In 2011, I began life coaching applying the Core Integrity Model for individuals who did not have a medical condition covered by insurance. The Core Integrity Model provided many with the tools to empower the person to be who the Creator intended. This model integrates the physical, emotional, social, and spiritual dimensions of the human personality.

Until retirement in 2016 held the following licenses and certifications.

Certified Clinical Mental Health Counselor with National Board of Certified Counselors
Certified Clinical Counselor with National Board of Certified Counselors
Iowa Licensed Mental Health Counselor
Certified Hypnotherapist with American Association of Clinical Hypnosis
Certified Consultant in Hypnosis with American Association of Clinical Hypnosis